

**Wallowa Elementary School**

Dear Parent:

We are continuing our tooth decay preventive program in the elementary school. Instruction will point out proper home care of the teeth. Proper diet, regular brushing, regular dental check-ups, prescribed fluorides (or fluoridated water) and topical fluorides are needed to control tooth decay.

A weekly fluoride rinse will be conducted. This helps to make the teeth more resistant to decay. Only children with a signed permission form will rinse weekly with the fluoride.

This program is not a substitute for tooth brushing at home, the fluoridation of public water or fluorides prescribed by your dentist or dental hygienist. If your child is visiting a dentist regularly, please inform him about the weekly fluoride rinse so he can keep his records complete.

Please complete the form below and return it to school. The fluoride swish/swash program is only for students in grades 1-6. Kindergarten students do not participate in the program.

This program is co-sponsored by the local schools, Health Department, Dental Society, and the Oregon State Health Division.

Bret Uptmor  
Superintendent/Elementary Principal

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PERMISSION FORM

\_\_\_\_\_ Please include my child

\_\_\_\_\_ Child's Name

\_\_\_\_\_ Do not include my child

\_\_\_\_\_ Signature of Parent or Guardian

Date: \_\_\_\_\_